

# Bridges

## Appetizers

### **Mediterranean Platter \$9\***

*Red pepper-walnut dip, roasted garlic hummus, assorted grilled vegetables, grilled flatbread*

*Nutrition: Calories 636 – Carbs 88g – Fat 23g – Protein 23g - Sugar 10g  
(Vegan Option Available)*



### **Spinach Dip \$8\***

*A creamy blend of cheeses, spinach and artichokes with grilled pita*

### **Chicken Quesadilla \$9**

*Diced grilled chicken, pico de gallo, cheddar cheese with a side presentation of sour cream and guacamole*

### **Pub Pretzels & Beer Cheese \$8**

*Deep fried German pretzel sticks with a Guinness Stout cheese sauce*

### **Rhode Island Calamari \$12**

*Fried and crisp, tossed in garlic butter, sweet and hot peppers*

### **Kobe Beef Sliders \$11**

*Tarragon Aioli, Blue Cheese Crumbles and Caramelized Onion on pretzel bun*

## Kettle

### **Black Stout Sirloin Chili \$6**

*Hand Cut Black Angus Sirloin beef simmered in Lavery Brewing Breakfast Stout makes our signature chili topped with shredded cheddar cheese*

### **Kettle of the Day**

*Come warm up with us*

## Salads:



### **Italian Fruit Salad \$12\***

*A variety of seasonal fruit mixed with mint, cilantro, and organic spring mix, topped with our sweet coconut dressing and a side of cream cheese raisin bread*

*Nutrition: Calories 375 – Carbs 53g – Fat 14g – Protein 11g - Sugar 30g*



### **Greek Quinoa Salad \$12\***

*Mixed greens, black bean hummus, Greek quinoa, tomatoes, tzatziki, herbed flat bread*

*Nutrition: Calories 579 – Carbs 83g – Fat 15g – Protein 20g - Sugar 7g*

*(Vegan Option Available)*

### **Citrus Chicken Mango Salad \$13**

*Grilled chicken, avocado, corn, red bell peppers, mixed greens, mango-lime vinaigrette*

*Nutrition: Calories 462 – Carbs 29g – Fat 23g – Protein 43g - Sugar 17g*



### **Butter Crunch Wedge \$12\***

*Locally Grown Bibb lettuce, Oven Roasted Beets, Red Onion, Dried Cherries and*

*Topped with a Creamy Goat Cheese and Honey Dressing*

*Nutrition: Calories 529 – Carbs 67g – Fat 22g – Protein 15g - Sugar 44g*



### **Classic Cobb Salad \$13**

*Mixed greens, Diced grilled chicken, bacon, Maytag bleu cheese, red onion and hardboiled egg tossed in our house red wine vinaigrette*



# Bridges

## Classic Handhelds

Sandwiches served with a choice of French Fries, onion rings, coleslaw, or fruit

### **Hummus and Chicken Wrap \$12**

Flat bread stuffed with slices of marinated grilled chicken, our home-made fresh hummus, avocado, spring mix, tomatoes, red onion, and chipotle aioli

Nutrition: Calories 584 – Carbs 57g – Fat 20g – Protein 52g - Sugar 9g



### **Veggie Tacos \$10\*\***

3 warmed corn tortillas filled with grilled Portobello mushroom, onion, zucchini, yellow squash, peppers, tomatoes, avocado and lettuce, topped with a lime creamy dressing,

Served with salsa, and sour cream

Nutrition: Calories 447 – Carbs 75g – Fat 12g – Protein 18g - Sugar 13g

### **Fish Sandwich \$12**

Cod Dipped in our fresh Guinness Stout Batter served on brioche bread with slaw on the side

### **Reuben \$13**

Home cooked corned beef grilled with Sauerkraut, Russian dressing and Swiss cheese on Rye bread

### **Rachael \$12**

Roasted turkey grilled with Cole slaw, Russian dressing and Swiss cheese on Rye bread



### **Grilled Turkey Cobblestone \$12**

Roasted turkey, Applewood Smoked Bacon, Cranberry Mayo on Cinnamon Bread



### **Grilled Cheese \$10**

Grilled with choice of Cheddar or Swiss Cheese, Tomato slice and bacon on Sourdough bread

### **Eye of the Tiger \$12**

Shaved rib-eye steak with fried egg, peppers and onions, cheddar cheese on a pretzel roll

### **Bridges Steakhouse Burger \$11**


Our Natural Black Angus Burgers are Ground and Hand Formed with Ground Sirloin, Ground Chuck and Short Rib.

**Choice of cheese:** American, Cheddar, Pepper Jack, Swiss or Provolone \$0.50 each

**Enhancements:** grilled onions, mushrooms, sweet peppers, hot peppers, or guacamole \$0.50 each  
Applewood Smoked Bacon or Cage Free Fried Egg \$1.00 each

\*\*Vegetarian and Gluten Free

\*Vegetarian Option

 Denotes these items may be ordered as full or half size

Denotes menu items Bridges restaurant has selected as our Live Well Options

